



Torrington Swimming Club

# MEMBERSHIP PACK



[www.torringtonswimming.co.uk](http://www.torringtonswimming.co.uk)

Registered Charity No: 1103701



## TORRIDGESIDE AMATEUR SWIMMING CLUB

AFFILIATED TO THE WESTERN COUNTIES AND DEVON A.S.A.

Registered Charity No.: 1103701

**Welcome to Torridgeside Amateur Swimming Club (TASC).** We hope you have enjoyed the try out sessions at the swimming club. To join and guarantee a place for your child or children's designated swimming sessions, please complete the following forms:

- **Cat 1 ASA form (if you are under 9 or do not wish to compete in external competitions) or Cat 2 ASA form (if you are 9 or over and want to compete in external competitions)**
- **Club Application Form**
- **Photography Permission Form** is also required to allow the Club to take photographs and videos of swimmers under the age of 18.

**We also require a Joining fee and ASA membership fee:**

### Joining Fee

A one off payment of £20.00 when joining the club.

Membership fee £10 per annum

### ASA Membership

Due when joining the club and then annually in January. This covers the Amateur Swimming Association fee, and their insurance in the swimming pool, if this is not paid your child will not be covered in case of an incident.

ASA membership annual fees	
CAT 1 (under 9 or 9 and over but do not wish to compete in external competitions)	£20.00
CAT 2 (9 and over and wish to compete in external competitions)	£35.00

Swimming fees are paid monthly through standing order. Fees are listed below:

Fees per month from January 2020	1 session per week	2 sessions per week	3 sessions per week	4 or 5 sessions per week	5 Session per week
per swimmer	£23.00	£28.00	£33.00	£38.00	£40.00

**All fees and membership should be paid after the initial trial sessions either by cash, cheque or BACS.**

If you have any queries please contact the Membership Secretary, Maxine Webber by email [membership@torridgesideswimmingclub.co.uk](mailto:membership@torridgesideswimmingclub.co.uk)



### Bank Account Details:

**Current Account: 01327445 sort code: 401017** for payment of ASA fees, joining fees and competitions.

**Fees Account: 71202197 sort code: 401017** for payment of monthly fees only.

The club website ([www.torridgesideswimming.co.uk](http://www.torridgesideswimming.co.uk)) provides useful information and updates regarding upcoming Galas and competitions, contact details and entry forms. You can also check the TASC notice board at the pools for information. **Keep an eye out for regular updates.** We use email to inform you of important events and news so it's important we have your up to date email address.

We also run a Swim Shop, providing TASC branded kit and accessories. Order forms are available through our website or from Torrington and Northam Pools. The shop is run by Amanda Reeves who can be contacted via email on [swimshop@torridgesideswimming.co.uk](mailto:swimshop@torridgesideswimming.co.uk) **Bank Account: 61607162 sort code: 400913** for any swimshop orders, all payments must be made at the point of ordering.

### Arranging Extra Sessions

We always happy to accommodate keen swimmers, if your child would like to attend additional sessions please contact our Head Coach, Andy Unstead, by either text or email using the details below:

Mobile: 07710 658680 (text message preferable) Email:

[headcoach@torridgesideswimming.co.uk](mailto:headcoach@torridgesideswimming.co.uk)

### Sessions times are as follows:

Monday (Torrington)	Tuesday (Torrington)	Wednesday – Squad (Invitation Only – Torrington)	Friday (Torrington)	Sunday (Northam)
N/A	6.00 - 7.00am Senior session	N/A	N/A	N/A
5.30 - 6.30pm Junior Sessions	N/A	6.00 - 7.30pm Squad Sessions	6.00 - 7.00pm Junior Sessions	5.30 - 6.30pm Development Sessions
6.30 - 7.30pm Junior Sessions	N/A		7.00 - 8.00pm Junior Sessions	6.30 - 7.30pm Junior Sessions
7.30 - 9.00pm Senior session	N/A	7.30 - 9.00pm Squad Sessions	8.00 - 9.30pm Senior session	7.30 - 9.00pm Senior sessions



We hope your child will enjoy many years of swimming at our club.

As you are no doubt aware, all coaches, helpers and committee members are all volunteers and therefore we are grateful for any additional help offered by parents.....however small!! Ensuring your child arrives on time and registers before going on poolside will be appreciated, as will prompt payment of fees or monies due. We sometimes need parents to take registers at sessions, or assist at galas; if you would like to know more please do ask. The committee are very approachable and open to new suggestions, and you as parents/ guardians, are very welcome to attend the AGM in October.

**Committee officers are:**

Independent Examiner	Edward Johns
Chairman	Alice Nowell
Vice Chairman	Andy Unstead
Head Coach	Andy Unstead
Treasurer	Amanda Reeves
Secretary	Lisa Unstead
Membership/Register Secretary	Maxine Webber
Officials Coordinator	Paul Cocksedge
Competitions Secretary	Geoff Forwood
ASA membership	Geoff Forwood
Website & Press Secretary	Erica Forwood
Grants Secretary	Helena Drawer
Club Liaison	Alice & Amanda
ASA Welfare Officer	Jo Stevens
Swimshop	Amanda Reeves



## TORRIDGESIDE AMATEUR SWIMMING CLUB

AFFILIATED TO THE WESTERN COUNTIES AND DEVON A.S.A.

Registered Charity No.: 1103701

### MEMBERSHIP APPLICATION

Name			
Address			
Date of Birth		Contact Tel. No.	
Email			
Medical Conditions			
Name (Print)	(Parent/Guardian if under 18)		
Signature		Date	

#### **TORRIDGESIDE AMATEUR SWIMMING CLUB ACKNOWLEDGEMENT**

The members acknowledge that these rules constitute a legally binding contract to regulate the relationship of the members with each other and the club.

#### **ACKNOWLEDGEMENT TO BE SIGNED BY MEMBER (PERSON WITH PARENTAL RESPONSIBILITY FOR A MEMBER UNDER 18 YEARS OF AGE).**

Name (Print)	(Parent/Guardian if under 18)		
Signature		Date	

I acknowledge receipt of the rules of **TORRIDGESIDE AMATEUR SWIMMING CLUB** and confirm my understanding and acceptance that such rules (periodically amended) shall govern my membership of the club. I further acknowledge and accept the responsibilities of membership upon members as set out in the rules.



## Medical Information Form

To be completed by members aged 18 years or over, or by parents/carers of members under 18 years. Please delete 'Yes' or 'No' as appropriate and complete further details as necessary.

Name of member	Date of birth

The Equality Act 2010 defines a disabled person as anyone with a physical or mental impairment that has a 'substantial' and 'long-term' negative effect on his or her ability to carry out normal daily activities.

Do you consider this child to have an impairment?	Yes	No
---	-----	----

If yes, what is the nature of their disability?

Visual impairment Learning disability Hearing impairment

Physical disability Multiple disability Other (please specify)

### Medical information

Please detail below any important medical information that our organisation needs to know. Such as allergies, medical conditions e.g. asthma, epilepsy, orthopaedic problems, any current medication, special dietary requirements and/or any injuries.

Name of child's doctor and surgery

Doctor's phone number

I understand that, in compliance with the Data Protection Act 1998, all efforts will be made to ensure that this information is accurate, kept up to date and secure and that it is used only in connection with the purpose and activities of the organisation. Information will not be kept once a person is no longer a member of the organisation. The information will be disclosed only to those members of the organisation for whom it is appropriate and relevant officers of the Amateur Swimming Association or British Swimming.

Signed (Member)

Date:

Signature of Parent/Carer (if member is under 18 years)



**For parents/carers of members under 18 years**

It may be essential at some time for the coach or team manager accompanying your son/daughter to have the necessary authority to obtain any urgent treatment which may be required whilst at a competition or event with. Would you therefore please complete the details on this form and sign below to give your consent.

I, \_\_\_\_\_ being the parent/carer of the above named child hereby give permission for the coach or team manager to give the immediately necessary authority on my behalf for any medical or surgical treatment recommended by competent medical authorities, where it would be contrary to my son/daughter's interest, in the doctor's medical opinion, for any delay to be incurred by seeking my personal consent.

Signature of consent by parent/carer:

Print full name:

Date:



## Child Photography Parental consent Form

Note: this form must be read and completed after reading the ASA/  
(name of organisation) Photography Guidance.

The Torridgeside Amateur Swimming Club may wish to take photographs of individual and/or groups of members under the age of 18 that may include your child during their membership of the organisation. All photographs will be taken and published in line with the ASA Photography Guidance. The organisation requires parental consent to take and use all photographs.

Parents have a right to refuse agreement to their child being photographed.

As the parent or carer of \_\_\_\_\_ please complete the form below in respect  
of your child or children. Please note you can withdraw your consent in writing to the welfare officer at any time should  
you wish to.

- |  |                                |
|--|--------------------------------|
| • Take photographs to use on the organisation's secure website:  | Consent given/Consent refused* |
| • Take photographs to use on the club's social networking sites:   | Consent given/Consent refused* |
| • Take photographs to include with newspaper articles:   | Consent given/Consent refused* |
| • Take photographs to use on the organisation's notice boards:   | Consent given/Consent refused* |
| • Filming for training purposes only, including under water filming.   | Consent given/Consent refused* |
| • Employ a professional photographer (approved by the organisation) who<br>will take photographs in competitions/galas/meets/events: | Consent given/Consent refused* |

\*Delete as appropriate

Signed (parent/carer):

Print name:

Date:





## Child Photography

## Refusal of Consent Form

Name of child:

Date of birth:

I refuse permission for the taking and/or publication of **any** images of my child by the organisation's appointed photographer(s) in respect of (activity).

Signed (parent/carer):

Print name:

Date:



# TASC Code of Conduct for Swimmers.

## Code of Conduct for Swimmers from all disciplines

### General behaviour

1. I will treat all members of, and persons associated with, the ASA with due dignity and respect.
2. I will treat everyone equally and never discriminate against another person associated with the ASA on any grounds including that of age, sexual orientation, gender, faith, ethnic origin or nationality.
3. I understand that the use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated and could result in action being taken through the disciplinary or child welfare policies.
4. I will display a high standard of behaviour at all times.
5. I will always report any poor behaviour by others to an appropriate officer or member of staff.
6. I will recognise and celebrate the good performance and success of fellow club and team members.
7. I will respect the privacy of others, especially in the use of changing facilities.

### Training

1. I will treat my coach and fellow members with respect.
2. I will make my coach aware if I have difficulties in attending training sessions as per the rules laid down for my squad.
3. I will arrive in good time on poolside before the training session starts to complete poolside warm up as directed by my coach.
4. I understand that if I arrive late, I must report to my coach before entering the pool.
5. I will ensure that I have all of my equipment with me, e.g. paddles, kick boards, hats, goggles, etc.
6. If I need to leave the pool for any reason during training, I will inform my coach before doing so.
7. I will listen to what my coach is telling me at all times and obey any instructions given.
8. I will always swim to the wall as I would do in a race, and I will practice turns as instructed.
9. I will not stop and stand in the lane, or obstruct others from completing their training.
10. I will not pull on the ropes as this may injure other members.
11. I will not skip lengths or sets – to do so means I would only be cheating myself.
12. I will think about what I am doing during training, and if I have any problems, I will discuss them with my coach at an appropriate time.
13. If I have any problems with the behaviour of fellow members, I will report them at the time to an appropriate adult.

### Competitions

1. At competitions, whether they be open meets, national events or club galas, I will always behave in a manner that shows respect to my coach, the officers, my team mates and the members of all competing organisations.
2. I understand that I will be required to attend events and galas that the Chief Coach has entered/selected me for, unless agreed otherwise by prior arrangement with the relevant official and coach.
3. I understand that I must wear appropriate swimwear, tracksuits, T-shirts/shorts and hats as per the rules laid down by the organisation.
4. I will report to my coach and/or team manager on arrival on poolside.
5. I will warm up before the event as directed by the coach in charge on that day and ensure I fully prepare myself for the race.
6. I will be part of the team. This means I will stay with the team on poolside.
7. If I have to leave poolside for any reason, I will inform, and in some cases, get the consent of the team manager/coach before doing so.
8. After my race, I will report to my coach for feedback.
9. I will support my team mates. Everyone likes to be supported and they will be supporting me in return.
10. I will swim down after the race if possible, as advised by my coach.
11. My behaviour in the swim down facility must be appropriate and respectful to other users at all times.
12. I will never leave an event until either the gala is complete or I have the explicit agreement of the coach or team manager.

Signed:

Date:



1. I will complete and return the Medical Information Form as requested by the organisation and provide details of any health conditions/concerns relevant to my child on the consent form. I will report any changes in the state of my child's health to the coach prior to training sessions or events. I will ensure that the organisation has up-to-date contact details for me and for any alternative person(s) as required.
2. I will deliver and collect my child punctually to and from training sessions/events. I will inform a member of the committee or coaching staff if there is an unavoidable problem. If the organisation changes my child's lane and/or changing times, I will remember that the change is to provide appropriate levels of training and to enable my child to progress, and I should therefore support and encourage this at all times.
3. I will ensure my child is properly and adequately attired for the training session/ events including all mandatory equipment, e.g. hats, goggles, etc.
4. I will inform the coach/welfare officer before a session if my child is to be collected early from a training session/event and if so, by whom.
5. I will encourage my child to obey the rules and teach them that they can only do their best.
6. I will behave responsibly as a spectator during training/events and treat members, coaches, committee members and other parents of members of both my child's organisation and any other organisation with due respect, in accordance with the ASA commitment to equality and diversity.
7. I will not use inappropriate language within the organisation environment.
8. I will show appreciation and support my child and all the team members.
9. I will ensure my child's needs are met in terms of nutrition and I will listen to advice given from the coach/nutritionist.
10. I will support the coach and committee appropriately and raise any concerns I may have in an appropriate manner to the welfare officer.
11. I will not enter poolside unless requested to do so or in an emergency.
12. If I wish to have a discussion with the coach, I will check with the welfare officer as to how this can be arranged.
13. Most of all, I will help my child to enjoy the sport and to achieve to the best of their ability.

**The organisation will:**

1. Inform you at once if your child becomes ill and will ensure their wellbeing until you are able to collect him/her.
2. Ensure good child safeguarding guidelines are followed at all times to keep your child safe.
3. Ensure all activities are properly supervised/ taught/coached and that consent is obtained for any activity outside of that previously agreed.

**You have a right to:**

1. Make a complaint to the organisation if you feel the organisation or a member of the organisation is not acting appropriately or in accordance with ASA/organisation rules and regulations. Details of how to do this can be obtained from the welfare officer.
2. Make a complaint on behalf of your child to the ASA Office of Judicial Administration.

**Any misdemeanours and breach of this code of conduct will be dealt with by the club.**

Signed:

..... Date:

.....





