

**Torridgeside Female SC – Meters Club Records - 22nd February 2020**

5	25	Free	28.50	08/06/13	Maisie Ayres	TASC Development Gala 2013
	25	Back	30.06	08/06/13	Maisie Ayres	TASC Development Gala 2013
	25	Breast	45.45	08/06/13	Maisie Ayres & Jemima Mitchell	TASC Development Gala 2013
6	25	Free	24.41	23/11/13	Maisie Ayres	TASC Club champs 2013
	25	Back	27.01	23/11/13	Maisie Ayres	TASC Club champs 2013
	25	Breast	36.30	05/07/14	Jemima Mitchell	TASC Development Gala 2014
7	25	Free	18.47		Megan Mackenzie	
	50	Free	50.97	29/04/16	Maisie Stevens	Mayfair Gala 2016
	200	Free	01:34.86		Megan Mackenzie	
	400	Free				
	25	Back	22.49		Megan Mackenzie	
	50	Back	55.52	29/04/16	Alyssa Jenkin & Maisie Stevens	Mayfair Gala 2016
	100	Back	01:57.75		Megan Mackenzie	
	25	Breast	26.58		Rebecca Palmer	
	50	Breast	01:08.41	29/04/16	Beth Metherall	Mayfair Gala 2016
	100	Breast	02:10.89		Megan Mackenzie	
25	Fly	22.28		Megan Mackenzie		
8	25	Free	16.81		Laura Roulstone	
	50	Free	39.09		Jessica Bennett	
	100	Free	01:32.80		Megan Mackenzie	
	200	Free	03:10.22		Jessica Bennett	
	400	Free	06:49.01		Jessica Bennett	
	800	Free				
	25	Back	20.57	27/11/10	Emily Tyrrell	TASC Club champs 2010
	50	Back	48.49	28/05/16	Lexi Reeves	Mini League R4
	100	Back	01:45.63		Megan Mackenzie	
	200	Back	04:02.25		Daniella Jewell	
	25	Breast	20.94	15/07/17	Alyssa Jenkin	TASC Development Gala
	50	Breast	51.89		Jessica Bennett	
	100	Breast	01:59.69		Megan Mackenzie	
	200	Breast	04:28.59	23/10/10	Emily Tyrrell	TASC Club champs 2010
	25	Fly	19.20		Laura Roulstone	
	50	Fly	52.64		Molly How	
	200	Fly	04:51.34	27/10/10	Hope Unstead	TASC Club champs 2010
	100	IM	01:43.99		Nicole Lathwell	
	200	IM	03:55.19	19/10/13	Taryn Powe	TASC Club champs 2013
9	25	Free	15.00		Laura Roulstone	
	50	Free	33.83		Laura Roulstone	
	100	Free	01:23.16		Laura Roulstone	
	200	Free	02:53.17		Nicole Lathwell	
	400	Free	05:57.16		Jessica Bennett	
	800	Free	13:07.47		Nicole Lathwell	
	25	Back	20.00		Roxanne Adams	
	50	Back	40.23		Jessica Bennett	
	100	Back	01:33.28	01/06/19	Elise Helps	Sevenside Tritons Open Meet 2019
	200	Back	03:11.10		Nicole Lathwell	
	25	Breast	20.89		Charlotte Maxwell	
	50	Breast	45.70		Charlotte Maxwell	
100	Breast	01:44.31	16/11/19	Norah Tittle	PL Winter National Qualifier 2019	

**Torridgeside Female SC – Meters Club Records - 22nd February 2020**

	200	Breast	03:36.93	16/11/19	Norah Tittle	PL Winter National Qualifier 2019
	25	Fly	16.83		Laura Roulstone	
	50	Fly	39.50		Laura Roulstone	
	100	Fly	01:49.28	06/10/19	Elise Helps	Tiverton Sparkler 2019
	200	Fly	03:30.81		Charlie Woodward	
	100	IM	01:30.18		Charlie Woodward	
	200	IM	03:21.09		Charlie Woodward	
	400	IM	08:29.57		Rebecca Spear	
10	25	Free	16.27		Rebecca Palmer	
	50	Free	31.31		Laura Roulstone	
	100	Free	01:15.00		Laura Roulstone	
	200	Free	02:36.10		Megan Mackenzie	
	400	Free	05:24.59		Megan Mackenzie	
	800	Free	11:14.58		Megan Mackenzie	
	25	Back	18.95		Rebecca Palmer	
	50	Back	37.53		Laura Roulstone	
	100	Back	01:28.28		Laura Roulstone	
	200	Back	02:59.28		Megan Mackenzie	
	25	Breast	20.36		Charlotte Maxwell	
	50	Breast	40.92	17/11/12	Emily Tyrrell	TASC Club champs 2012
	100	Breast	01:36.33		Charlotte Maxwell	
	200	Breast	03:25.46		Sophie Howe	
	25	Fly	15.88		Laura Roulstone	
	50	Fly	36.58		Laura Roulstone	
	100	Fly	01:32.75	09/02/20	Elise Helps	Devon Counties 2020
	200	Fly	03:14.24		Sophie Howe	
	100	IM	01:24.11		Megan Mackenzie	
	200	IM	02:58.11		Megan Mackenzie	
	400	IM	06:18.88		Sophie Howe	
11	25	Free	15.79		Megan Dawson	
	50	Free	30.16		Laura Roulstone	
	100	Free	01:07.30		Laura Roulstone	
	200	Free	02:27.54		Laura Roulstone	
	400	Free	05:04.53		Megan Mackenzie	
	800	Free	10:27.15		Sophie Howe	
	1500	Free	25:44.29	31/03/19	Jemima Mitchell	PL Spring Reg Qualifier 2019
	25	Back	17.77		Claire McConnachie	
	50	Back	34.94		Laura Roulstone	
	100	Back	01:16.01		Laura Roulstone	
	200	Back	02:50.68		Charlie Woodward	
	25	Breast	19.15		Kaylee Allen	
	50	Breast	38.84	21/08/13	Emily Tyrrell	Coventry Gala
	100	Breast	01:28.33		Laura Roulstone	
	200	Breast	03:10.34		Daniella Jewell	
	25	Fly	16.90		Colleen Fox	
	50	Fly	33.14		Laura Roulstone	
	100	Fly	01:15.44		Laura Roulstone	
	200	Fly	02:53.94		Sophie Howe	
	100	IM	01:16.51		Laura Roulstone	
	200	IM	02:47.09		Sophie Howe	
	400	IM	05:43.72		Sophie Howe	
12	25	Free	15.75		Louise Joy	

**Torridgeside Female SC – Meters Club Records - 22nd February 2020**

	50	Free	29.40		Laura Roulstone	
	100	Free	01:04.09		Laura Roulstone	
	200	Free	02:18.31		Sophie Howe	
	400	Free	04:47.02		Sophie Howe	
	800	Free	09:49.44		Sophie Howe	
	1500	Free	21:02.70	04/11/17	Emily Forwood	North Cornwall Dragons Open Meet
	25	Back	18.11		Natalie Beer	
	50	Back	33.63	22/04/17	Libby Brown	Mini League R4
	100	Back	01:13.05		Laura Roulstone	
	200	Back	02:39.70		Sophie Howe	
	25	Breast	20.16		Claire Metherall	
	50	Breast	37.17	14/09/14	Emily Tyrrell	Exeter Sprint Meet 2014
	100	Breast	01:23.63		Hayley Brown	
	200	Breast	03:08.01		Holly Yeo	
	25	Fly	17.52		Claire Cook	
	50	Fly	31.48	07/10/17	Emily Forwood	Exeter Open 2017
	100	Fly	01:08.43		Sophie Howe	
	200	Fly	02:35.28		Sophie Howe	
	100	IM	01:13.07		Laura Roulstone	
	200	IM	02:39.21		Sophie Howe	
	400	IM	05:33.24		Sophie Howe	
13	50	Free	28.66	14/04/18	Emily Forwood	Two Counties Open Meet 2018
	100	Free	01:01.73		Megan Mackenzie	
	200	Free	02:14.86		Sophie Howe	
	400	Free	04:39.11		Sophie Howe	
	800	Free	09:42.15		Sophie Howe	
	1500	Free	19:13.75	02/08/18	Emily Forwood	Swim Wales Summer Nationals 2018
	50	Back	32.33	31/07/18	Emily Forwood	Swim Wales Summer Nationals 2018
	100	Back	01:10.70		Sophie Howe	
	200	Back	02:30.92		Sophie Howe	
	50	Breast	35.87	11/11/15	Emily Tyrrell	TASC Club champs 2015
	100	Breast	01:21.53	17/01/15	Emily Tyrrell	Devon Counties 2015
	200	Breast	02:59.58	14/04/18	Emily Forwood	Two Counties Open Meet 2018
	25	Fly	33:36.00		Louise Joy	
	50	Fly	29.91	05/05/18	Emily Forwood	SW Regionals 2018
	100	Fly	01:07.90	15/04/18	Emily Forwood	Two Counties Open Meet 2018
	200	Fly	02:30.57	03/08/18	Emily Forwood	Swim Wales Summer Nationals 2018
	100	IM	01:12.49		Laura Roulstone	
	200	IM	02:34.32		Sophie Howe	
	400	IM	05:22.92		Sarah Metherall	
14	50	Free	28.31	23/10/16	Emily Tyrrell	TASC Club champs 2016
	100	Free	01:03.57		Laura Roulstone	
	200	Free	02:16.35	19/01/19	Hope Unstead	Devon Counties 2019
	400	Free	04:54.30		Gracie Dack	
	800	Free	10:08.31		Gracie Dack	
	1500	Free	20:32.22	04/11/17	Lauren Parker	North Cornwall Dragons Open Meet
	50	Back	32.67	01/10/16	Emily Tyrrell	Exeter Open 2016
	100	Back	01:10.61		Sophie Howe	
	200	Back	02:32.44	10/11/18	Hope Unstead	TASC Club champs 2018
	50	Breast	35.49	01/10/16	Emily Tyrrell	Exeter Open 2016
	100	Breast	01:17.92	17/12/16	Emily Tyrrell	PL Christmas Sprint 2016
	200	Breast	02:54.63	19/01/19	Libby Brown	Devon Counties 2019

**Torridgeside Female SC – Meters Club Records - 22nd February 2020**

	50	Fly	30.52	01/10/16	Emily Tyrrell	Exeter Open 2016
	100	Fly	01:08.26		Sophie Howe	
	200	Fly	02:37.02	01/12/18	Hope Unstead	December County Qualifier
	100	IM	01:10.82	10/11/18	Hope Unstead	TASC Club champs 2018
	200	IM	02:34.88	13/01/19	Hope Unstead	Devon Counties 2019
	400	IM	05:47.03	16/01/18	Lauren Parker	Devon Counties 2018
15	50	Free	27.86	07/10/17	Emily Tyrrell	Exeter Open 2017
	100	Free	01:03.15	07/12/19	Hope Unstead	Millfield County Qualifier
	200	Free	02:17.66	18/01/20	Hope Unstead	Devon Counties 2020
	400	Free	04:56.91	13/04/19	Lauren Parker	Two Counties Open Meet 2019
	800	Free	10:09.53	18/12/19	Hope Unstead	TASC Club champs 2019
	1500	Free	20:04.44	31/03/19	Lauren Parker	PL Spring Reg Qualifier 2019
	50	Back	31.64	14/01/17	Emily Tyrrell	Devon Counties 2017
	100	Back	01:10.27	17/01/17	Emily Tyrrell	Devon Counties 2017
	200	Back	02:33.60	23/11/19	Hope Unstead	TASC Club champs 2019
	50	Breast	34.42	14/01/17	Emily Tyrrell	Devon Counties 2017
	100	Breast	01:18.50	07/10/17	Emily Tyrrell	Exeter Open 2017
	200	Breast	02:55.45		Hayley Brown	
	50	Fly	29.75	14/01/17	Emily Tyrrell	Devon Counties 2017
	100	Fly	01:09.39	08/12/19	Hope Unstead	Millfield County Qualifier
	200	Fly	02:34.77	09/11/19	Hope Unstead	TASC Club champs 2019
	100	IM	01:10.26	23/11/19	Hope Unstead	TASC Club champs 2019
	200	IM	02:32.78	07/12/19	Hope Unstead	Millfield County Qualifier
	400	IM	05:43.09		Hollie Greaves	
16	50	Free	28.13	01/12/18	Emily Tyrrell	PL Christmas SC 2018
	100	Free	01:03.45	20/10/18	Emily Tyrrell	Exeter Open 2018
	200	Free	02:21.91		Sarah Metherall	
	400	Free	04:57.99		Hollie Greaves	
	800	Free	10:12.52	16/11/19	Lauren Parker	PL Winter National Qualifier 2019
	1500	Free	21:10.49	22/02/20	Lauren Parker	Devon Counties 2020
	50	Back	31.52	13/01/18	Emily Tyrrell	Devon Counties 2018
	100	Back	01:10.03	04/03/18	Emily Tyrrell	Devon County Inter-club 2018
	200	Back	02:39.55		Hollie Greaves	
	50	Breast	34.96	17/01/18	Emily Tyrrell	Devon Counties 2018
	100	Breast	01:16.72	02/06/18	Emily Tyrrell	Sevenside Tritons Open Meet 2018
	200	Breast	02:59.14		Hollie Greaves	
	50	Fly	29.53	10/11/18	Emily Tyrrell	TASC Club champs 2018
	100	Fly	01:07.95	09/02/20	Hope Unstead	Devon Counties 2020
	200	Fly	02:38.21	08/02/20	Hope Unstead	Devon Counties 2020
	100	IM	01:08.60	01/12/18	Emily Tyrrell	PL Christmas SC 2018
	200	IM	02:39.27	13/01/18	Emily Tyrrell	Devon Counties 2018
	400	IM	05:36.84		Hollie Greaves	
17+	50	Free	28.18	20/02/19	Emily Tyrrell	Exeter Open 2019
	100	Free	01:02.50	09/11/19	Emily Tyrrell	TASC Club champs 2019
	200	Free	02:23.37		Lynsey Scrivener	
	400	Free	05:04.56		Lynsey Hewis	
	800	Free	10:39.31		Claire Metherall	
	1500	Free				
	50	Back	30.16	12/01/19	Emily Tyrrell	Devon Counties 2019

**Torridgeside Female SC – Meters Club Records - 22nd February 2020**

	100	Back	01:09.29	23/11/19	Emily Tyrrell	TASC Club champs 2019
	200	Back	02:32.17	23/11/19	Emily Tyrrell	TASC Club champs 2019
	50	Breast	34.00	13/01/19	Emily Tyrrell	TASC Club champs 2019
	100	Breast	01:16.01	20/10/19	Emily Tyrrell	Exeter Open 2019
	200	Breast	02:56.83		Carole-Anne Wilson	
	50	Fly	29.33	20/10/19	Emily Tyrrell	Exeter Open 2019
	100	Fly	01:06.81	20/10/19	Emily Tyrrell	Exeter Open 2019
	200	Fly	02:46.99		Lynsey Hewis	
	100	IM	01:08.28	20/10/19	Emily Tyrrell	Exeter Open 2019
	200	IM	02:34.54	09/11/19	Emily Tyrrell	TASC Club champs 2019
	400	IM	05:47.09		Lynsey Hewis	
Open	25	Free	15.00		Laura Roulstone	
	50	Free	27.86	07/10/17	Emily Tyrrell	Exeter Open 2017
	100	Free	01:01.73		Megan Mackenzie	
	200	Free	02:14.86		Sophie Howe	
	400	Free	04:39.11		Sophie Howe	
	800	Free	09:42.15		Sophie Howe	
	1500	Free	19:13.75	02/08/18	Emily Forwood	Swim Wales Summer Nationals 2018
	25	Back	17.77		Claire McConnachie	
	50	Back	30.16	19/01/19	Emily Tyrrell	Devon Counties 2019
	100	Back	01:09.29	23/11/19	Emily Tyrrell	TASC Club champs 2019
	200	Back	02:30.92		Sophie Howe	
	25	Breast	19.15		Kaylee Allen	
	50	Breast	34.00	13/01/19	Emily Tyrrell	TASC Club champs 2019
	100	Breast	01:16.01	20/10/19	Emily Tyrrell	Exeter Open 2019
	200	Breast	02:54.63	19/01/19	Libby Brown	Devon Counties 2019
	25	Fly	15.88		Laura Roulstone	
	50	Fly	29.33	20/10/19	Emily Tyrrell	Exeter Open 2019
	100	Fly	01:06.81	20/10/19	Emily Tyrrell	Exeter Open 2019
	200	Fly	02:30.57	03/08/18	Emily Forwood	Swim Wales Summer Nationals 2018
	100	IM	01:08.28	20/10/19	Emily Tyrrell	Exeter Open 2019
	200	IM	02:32.78	07/12/19	Hope Unstead	Millfield County Qualifier
	400	IM	05:22.92		Sophie Howe	